

Physical Education Policy

Physical education develops the children's knowledge, skills and understanding, so that they can perform with increasing competence and confidence in a range of physical activities. These include dance, athletics, games, gymnastics, swimming and outdoor adventure activities. Physical education promotes an understanding in children of their bodies in action. It involves thinking, selecting and applying skills and promotes positive attitudes towards a healthy lifestyle. Thus, we enable them to make informed choices about physical activity throughout their lives.

At Bankwood our aims are:

- To enable children to acquire, develop and explore physical skills with increasing control and co-ordination.
- To stimulate and maintain pupil interest and enjoyment in P.E and promote health and fitness for current and future lifestyles.
- To support the social and moral development of our children through the way we expect them to work with each other in lessons and in group situations.
- To teach children to recognise and describe how their bodies feel during exercise.
- For children to develop an understanding of how to succeed in a range of physical activities and how to evaluate their own success.

The Curriculum

At Bankwood we follow a PE scheme produced by Val Sabin that incorporates Dance, Gymnastics, Athletics and Games. Teachers bring individuality to this scheme through research and merging the unit with our creative curriculum. For example when covering a topic about a country the teacher may include learning a traditional dance from this area.

Equal Opportunities

All children must have equality of opportunity to learn, irrespective of their gender, ability, cultural and socio-economic background, experiences, physique and their level of maturation and fitness. Throughout school, care is taken to provide equal opportunities for all pupils, including Special Educational Needs and Gifted and Talented.

We teach PE to all children, whatever their ability, as PE forms part of the school curriculum policy to provide a broad and balanced education to all children. Teachers provide learning opportunities that are matched to needs of children with learning difficulties and work in PE takes account the targets set for individual children.

Assessment and Recording

Teachers assess children's work in PE through observations and questioning during lessons and take note of whether a child is on track in line with National Expectations. These assessments are used by teachers to create an end of year report for parents.

Resources

There is a wide range of resources to support the teaching of PE across the school. The children use the school field for games and athletics activities, and the local swimming pool for swimming lessons.

Health and Safety

The safe practice policy in PE adheres to the Whole School Health and Safety Policy, CYPD recommendations and those of Safe Practice in PE (BAALPE). See Health, Safety and Welfare Policy.

We encourage the children to consider their own safety and the safety of others at all times. We expect them to change for PE into the agreed clothing for each activity area. PE kit includes T-shirt, shorts and plimsolls or trainers. If a child does not have a PE kit with them on a regular basis, a letter will be sent home.

The Governing Body expects the teachers to set a good example by wearing appropriate clothing when teaching P.E. The policy of the Governing Body is that no jewellery is to be worn for any physical activity.

If an accident occurs, the teacher should assess how serious it is and, if necessary send another student to seek help from the office, using the school's emergency procedure. Usual procedures for an accident will then be followed.

Monitoring and Review

The monitoring of the standards of children's work and the quality of teaching in PE is the responsibility of the PE subject leader. The subject leader observes PE sessions across the school, as well as undertaking pupil interviews. The work of the subject leader also involves supporting colleagues in the teaching of PE, feeding back current developments in the subject and providing a strategic lead and direction for the subject in the school. The subject co-ordinator is also the primary link teacher for the school partnership. The PE subject leader completes an annual action plan in which she evaluates the areas for development and highlights strengths in the subject.

Out of School Hours Learning

The school provides a range of PE related activities for children through lunch time clubs. These encourage children to further develop their skills in a range of the activity areas. The school also plays regular fixtures against other local schools in the form of festivals and tournaments. In most activities offered, teams are selected and compete at local and interschool level. However, the emphasis is on maximum participation and personal development. These events introduce a competitive element to team games and allow the children to put into practice the skills that they have developed in their lessons. These opportunities foster a sense of team spirit and co-operation amongst our children.

Visits may be organised for sporting events, festivals, displays and matches. These provide stimuli for work and reinforce the concepts taught in lessons. The supervising teacher must ensure that all relevant documentation is completed and permission granted from the Headteacher and parent/carers. A risk assessment will be carried out prior to the event using Evolve.

Working with Adults other than Teaching Staff

Local sporting individuals and team members are often invited to share their expertise and to raise interest and awareness from the pupils. These are also used for the professional development of class teachers. A member of staff supervises these and must be CRB checked.